## **BEST'S CARMINE METHOD FOR GYLCOGEN**

PURPOSE:	For In Vitro Diagnostic Use: Intended for the qualitative demonstration of glycogen.
PRINCIPLE:	This staining technique demonstrates glycogen by hydrogen bond formation between OH groups on the glycogen and H atoms of the carminic acid. Fibrin and neutral mucin stain weakly with this method.
CONTROL:	Liver  Control Slides can be purchased from Histology Control Systems. See inside back cover, Item# cs021.
SPECIMEN PREPARATION:	Formalin fixed, paraffin embedded sections cut at 6 micrometers
SOLUTIONS:	1. Best's Carmine Item# s2522 2. Weigert's Iron Hematoxylin Sol Set (A & B) Item# s216B Working Solution: Mix equal parts of solutions A & B for use. 3. Best's Differentiator Item# s2523 Working Solution: Best's Carmine
NOTES:	Following Congo Red Staining, bright apple-green birefringence exhibited under polarized light is considered specific for amyloid.
REFERENCE:	Bancroft, J. D. & Stevens, A. <u>Theory and Practice of Histological</u> <u>Techniques</u> . 4th Ed. Churchill Livingston. New York. 1996. p. 149.

## STAINING PROCEDURE:

- 1. Deparaffinize and hydrate to water.
- 2. Stain in Weigert's Iron Hematoxylin Working Solution for 5 minutes.
- Wash well in water for at least 5 minutes.
- Stain in Best's Carmine Working Solution for 10 minutes.
- Wash well in Best's Differentiator.
- Dehydrate in 100% Alcohol. 6.
- Clear and mount with Poly Mount (Item# s2153) or any acceptable mounting medium. 7.

## **RESULTS:**

Glycogen	Deep Red
Some Mucin	Weak Red
Nuclei	Blue

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Revision: B-18

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