## BENNHOLD'S METHOD FOR AMYLOID (CONGO RED)

PURPOSE:	For In Vitro Diagnostic Use: Intended for the qualitative demonstration of amyloid in tissue.
PRINCIPLE:	Congo Red has a highly selective affinity for amyloid. This is due to the beta-pleated arrangement of the amyloid and the planar shape of the Congo Red molecule. The Congo Red inserts itself in-between the pleats of the amyloid and is held by hydrogen bonding. The subsequent wash with Alkaline Alcohol removes excess Congo Red from section.
CONTROL:	Tissue with a known presence of amyloid  Control Slides can be purchased from Histology Control Systems. See inside back cover, Item# cs001.
SPECIMEN PREPARATION:	Formalin fixed, paraffin embedded sections cut at 8-10 micrometers
SOLUTIONS:	<ol> <li>Congo Red 1% Aqueous Item# s167</li> <li>Alkaline Alcohol 50% Item# s113</li> <li>Mayer's Modified Hematoxylin Item# s216</li> <li>Solutions can be purchased separately from Poly Scientific.</li> </ol>
NOTES:	
REFERENCE:	Bancroft, J. D. & Stevens, A. Theory and Practice of Histological Tehniques. 4th Ed. Churchill Livingston. New York. 1996. pp. 311-312.

## STAINING PROCEDURE:

- 1. Deparaffinize and hydrate to distilled water.
- 2. Congo Red 1% Aqueous for 1 hour.
- 3. Rinse off excess stain in water, 2 or 3 changes.
- 4. Differentiate in Alkaline Alcohol 50% for 3-5 seconds.
- 5. Wash in running water for 5 minutes.
- 6. Counterstain in Mayer's Modified Hematoxylin for 5 minutes.
- 7. Wash in running water for 5 minutes.
- 8. Dehydrate in 95% Alcohol, Absolute Alcohol and clear in Xylene, 2 changes each.
- 9. Mount with Poly Mount (Item# s2153) or any other acceptable mounting medium.

## **RESULTS:**

Amyloid ......Pink to Red (Apple-Green under polarized light)

Nuclei .....Blue

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